

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2025

Majestic Care of McCordville



9:00 Daily Chronicles 1
 10:00 Relax & Revive
 11:00 Saturday Stretches
 1:30 Link & Laugh
 2:00 Spa Day
 3:30 Sip & Paint
 4:30 Rhythm & Roots

<p>9:00 Coffee & Chronicles 2 10:00 Morning Prayer-Psalm 8 1:30 Sunday's Revisited 3:00 Church Service 4:00 Gospel Hymns 4:30 Travelogue: Punxsutawney, Pennsylvania <small>Groundhog Day</small></p>	<p>9:00 Coffee & Chronicles 3 10:00 Movement Matters 11:00 A-door-able Décor 1:30 Book/Reading Club 2:30 Bingo 3:30 Daily Devotions 4:00 Evening Tunes & Talks</p>	<p>10:00 Coffee & Chronicles 4 11:00 Balance Builders 2:30 Men's Program 3:30 Wise Warriors Workout 4:00 Craft Club 6:00 Reader's Theatre: Punxsutawney Phil's Retirement Plan</p>	<p>9:00 Coffee & Chronicles 5 10:00 Step it Up 11:00 Dominos 2:30 Bingo 3:30 Women's Club 4:00 The Unwinders Workout</p>	<p>10:00 Coffee & Chronicles 6 11:00 Silver Sneakers 2:30 Sip & Paint 3:30 Music Madness 4:00 Book/Reading Club 6:00 Twenty-One Blackjack</p>	<p>9:00 Coffee & Chronicles 7 10:00 Reach & Stretch 11:00 Beaded Bracelets 1:30 Paper Heart Garland 2:30 Bingo 4:00 You've Got Mail-Making Valentines to hand out.</p>	<p>9:00 Coffee & Chronicles 8 10:00 Balloon Toss 11:00 Sit & Stretch 1:30 Connections & Conversations 2:30 Table Games 3:30 Doodle & Drinks 4:30 Sonic Grove</p>
<p>9:00 Coffee & Chronicles 9 10:00 Loving Relationships 1:30 Sunday's Revisited 3:00 Church Service 4:00 Gospel Hymns 4:30 Travelogue: Traveling the Underground Railroad</p>	<p>9:00 Coffee & Daily Chronicles 10 10:00 Silver Striders 11:00 Faux Gumdrop Garland 2:30 Bingo 3:30 Book/Reading Club 4:00 Before Supper Stretch</p>	<p>10:00 Coffee & Chronicles 11 11:00 Steady and Strong 1:30 Charades 2:30 Men's Program 3:30 Wise Warriors Workout 4:00 Craft Club 6:00 Reader's Theater: Be my Valentine</p>	<p>9:00 Coffee & Chronicles 12 10:00 Healthy Horizons 11:00 Phase 10 2:30 Bingo 3:30 Women's Club 4:00 Seated Kickball <small>Tu B'Shevat Begins</small></p>	<p>10:00 Coffee & Chronicles 13 11:00 Buzzworthy 1:30 Grab the Gumdrops 2:30 Sip & Paint 3:30 Music Madness 4:00 Book/Reading Club 6:00 Rummy 6:00-FAMILY COUNCIL</p>	<p>9:00 Coffee & Chronicles 14 10:00 The History of Valentine's Day 11:00 Romances to Remember 1:30 Candy Lovers Dice Game 2:30 Valentine's Bingo 3:30 Valetine's Day Social Valentine's Day</p>	<p>9:00 Coffee & Chronicles 15 10:00 Balloon Toss 11:00 Chair Yoga Flow 1:30 Social Sparks 2:30 Spa Day 3:30 Inspiration Craft Station 4:30 Soul Strings</p>
<p>9:00 Coffee & Chronicles 16 10:00 Bible Study-Amen 1:30 Sunday's Revisited 3:00 Church Service 4:00 Gospel Hymns 4:30 Travelogue: Washington, DC</p>	<p>9:00 Coffee & Daily Chronicles 17 10:00 Presidents Pursuit 11:00 Presidents Day Guess a Letter 2:30 Bingo 3:30 The Cool, Dry Wit of Calvin Coolidge 4:00 Be Fit & Factual <small>Presidents' Day (U.S.)</small></p>	<p>10:00 Coffee & Chronicles 18 11:00 Golden Groovers 1:30 Picture Telephone 2:30 Men's Program 3:30 Wise Warriors Workout 4:00 Craft Club 6:00 Reader's Theatre: Chef Wanted at Chez</p>	<p>9:00 Coffee & Chronicles 19 10:00 Power & Peace 11:00 Yahtzee 2:30 Bingo 3:30 Women's Club 4:00 Peaceful Positives Workout</p>	<p>10:00 Coffee & Chronicles 20 11:00 Happily Ever After? 2:30 Sip & Paint 3:30 Music Madness 4:00 Book/Reading Club 6:00 Hearts</p>	<p>9:00 Coffee & Chronicles 21 10:00 Rise and Revive 11:00 Health Jeopardy 2:30 Bingo 3:30 Resident Council 4:00 Seated Strength Workout</p>	<p>9:00 Coffee & Chronicles 22 10:00 Balloon Toss 11:00 Flex & Sit 1:30 Hangout Hubs 2:30 Table Games 3:30 Colorful Connections through Art 4:30 Chords Collective</p>
<p>9:00 Coffee & Chronicles 23 11:00 Gospel Hymns 1:30 Sunday's Revisited 3:00 Church Service 4:00 Black History Month Celebration 4:30 Travelogue: Martin Luther King, Jr. National Historical Park</p>	<p>9:00 Coffee & Daily Chronicles 24 10:00 Happy Feet Fitness 11:00 Plastic Egg Gumdrops 2:30 Bingo 3:30 Book/Reading Club 4:00 Daily Devotions</p>	<p>10:00 Coffee & Chronicles 25 11:00 Carefree Chair Cardio 2:30 Men's Program 3:30 Wise Warriors Workout 4:00 Craft Club 6:00 Reader's Theatre: Drama Skits</p>	<p>9:00 Coffee & Chronicles 26 10:00 Rise and Revive 11:00 Uno 2:30 Bingo 3:30 Women's Club 4:00 Sunset Strength Workout</p>	<p>10:00 Coffee & Chronicles 27 11:00 Silver Sneakers 1:30 Opposite Stickman Game 2:30 Sip & Paint 3:30 Music Madness 4:00 Book/Reading Club 6:00 Spades</p>	<p>9:00 Coffee & Chronicles 28 10:00 Reach & Stretch 11:00 Painting a Ramadan Lantern 2:30 Bingo 3:30 Resident Birthday Celebration 4:00 Ramadan at the Movies <small>Ramadan Begins</small></p>	<p>Where are the main activities held? - Lower dining room</p>

Activities are subject to change.